# WEEK 1 WINTER MENU





# **MONDAY**

Yogurt & Fruit Platter

MORNING

AFTERNOON

Pasta Bolognaise Bake

Homemade **Biscuits** 

#### **TUESDAY**

Yogurt & Fruit Platter

Coconut curried chicken served with rice

Platter of dips, crackers, cheese, carrot & celery sticks

# WEDNESDAY

Yogurt & Fruit Platter

**Assorted** Sandwiches

**Sweet Muffins** 

# **THURSDAY**

Yogurt & Fruit Platter

Macaroni chicken and cheese pasta

Homemade Slice

#### **FRIDAY**

Yogurt & Fruit Platter

Ground beef and vegetable casserole with rice

Scones with jam and cream



All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.



# WEEK 2 WINTER MENU





# **MONDAY**

Yogurt & Fruit Platter

MORNING

FTERNOON

Homemade Pizzas

**Pikelets** with jam and cream

#### **TUESDAY**

Yogurt & Fruit Platter

**Curried sausages** with pumpkin and potato mash

> Savouru Pinwheels

#### WEDNESDAY

Yogurt, Nut Free Muesli & Fruit Platter

Sweet and sour pork with Asian noodles

Platter of dips, cheese, carrot & celery sticks

# **THURSDAY**

Yogurt & **Fruit Platter** 

Chicken with country gravy with mashed potatoes, peas and carrot

> Anzac Slice

#### FRIDAY

Yogurt & Fruit Platter

Tuna and vegetable hake

> Sweet Muffins

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.



# WEEK 3 WINTER MENU





# **MONDAY**

Yogurt,
Nut Free Muesli &
fruit platter

Vegetable and Napolitana Spaghetti

> Banana Cake

NETERNOON

#### **TUESDAY**

Yogurt & fruit platter

Slow cooked Beef curry with rice

Scones served with jam and cream

# **WEDNESDAY**

Yogurt & fruit platter

Chicken and vegetable pasta bake

Weetbix slice

# **THURSDAY**

Yogurt & fruit platter

Savoury mince and vegetable cottage pie

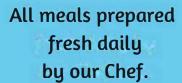
Flatter of dips, crackers, cheese, carrot & celery stic

# **FRIDAY**

Yogurt & \*\*
fruit platter

Homemade Pizzas

Homemade Biscuits



All menu ingredients available upon request.

# WEEK 4 WINTER MENU





### **MONDAY**

MORNING

TERNOON

Yogurt & fruit platter

Macaroni and vegetable cheese pasta

Chocolate
Cake

#### TUESDAY

Yogurt & fruit platter

Sausages and onion gravy with pumpkin and potato mash

Sweet Pinwheels

#### WEDNESDAY

Yogurt & fruit platter

Pasta Alfredo with chicken and vegetables

Savoury Muffins

#### **THURSDAY**

Yogurt & fruit platter

Ground beef and vegetable Stroganoff with rice

> Lemon Slice

# FRIDAY

Yogurt & fruit platter

Variety of sandwiches

Platter of dips, cheese, carrot & celery sticks

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.



# WEEK 5 WINTER MENU





#### **MONDAY**

Yogurt, Nut Free Muesli & fruit platter

MORNING

NFTERNOON

Butter chicken with rice

Platter of dips, cheese, carrot & celery sticks

#### **TUESDAY**

Yogurt & fruit platter

Beef and vegetable Ravioli

Carrot

#### WEDNESDAY

Yogurt & fruit platter

Cornish
Sausage Rolls

Homemade Biscuits

# **THURSDAY**

Yogurt & fruit platter

Beef and vegetable Lasagne

Rice cakes with assorted spreads

# **FRIDAY**

Yogurt & fruit platter

Chicken chow mein with wet Asian noodles

Chocolate Crackles



All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.

